

### What Causes Xerostomia?

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This can be caused by Chemo and Radiation to the head and neck regions. It can also be caused by certain medications you may be taking, such as heart medicine and by some disease entities such as Sjogrens Syndrome. The lack of saliva can drastically increase cavity formation in your mouth due to the lower pH that occurs and due to bacteria that can more easily attach to your teeth.

### What Should I Do?

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- **Meticulous** homecare will be required to keep your teeth.
- There are products that can assist with the dry mouth symptoms such as:
  - **Biotene products** that can be obtained thru your drugstore
  - **MedActive products** which can be ordered online
- Additionally we advise that you carry water with you at all times to sip from.

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*For questions, please call us at 770.934.2339  
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